



# FREE THETAN

Newsletter of the association of  
professional independent scientologists

*Preserve, Protect & Promote*

January 2018

Volume 9 Issue 1

**GOODNESS  
AND BADNESS,  
BEAUTIFULNESS  
AND UGLINESS,  
ARE ALIKE  
CONSIDERATIONS  
AND HAVE NO  
OTHER BASIS  
THAN OPINION**

**Axiom 31**

**Axioms and Logics**



## **A TRIBUTE TO MARY SUE HUBBARD**

*Wife of L. Ron Hubbard*

*Remembered with Respect and Honor*



# FREE THETAN

Newsletter of the association of professional independent scientologists

*Preserve, Protect & Promote*

**FREE THETAN**  
**Volume 9 Issue 1 January 2018**

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## Important

**In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.**

**The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.**

**Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.**

**-000-**

<p><b>The FREE THETA</b></p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect &amp; Promote</i> <a href="http://independent-scientologists-association.net">http://independent-scientologists-association.net</a></p>	
		<p>reservo, servo, proveho</p>

## ~ *Editorial* ~



reservo, servo, proveho

**Dear Reader,**

We start a new year and a new adventure. The past is relegated to the auditing room and the present is about what our goals and purposes are for the future.

The future is what we mock up and put there. If you want success and to flourish and prosper and move up the grade chart, then put that there in the future.

As LRH said, life is in you today and you make your own tomorrow.

Well, make some tomorrow.

Much arc,

Michael Moore  
Editor

~oo00oo~

## *The Aims of Scientology and APIS*

*Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.*

*We therefore stated below:*

### **The Aims of APIS**

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

#### **As Ron says:**

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

## CERTIFIED AUDITORS & GROUPS

**This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.**

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

### Canada

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Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.  
[standardtechauditor@yahoo.ca](mailto:standardtechauditor@yahoo.ca)

### USA

#### South East

Southern Cal tech Team

#### Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels

[scttservices@gmail.com](mailto:scttservices@gmail.com)

### Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, OT

[Trey.Lotztrey@relaypoint.net](mailto:Trey.Lotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

[info@adcian@yahoo.com](mailto:info@adcian@yahoo.com)

Ingrid Smith

From Life repair to OT4

[ingridsmith123@yahoo.com](mailto:ingridsmith123@yahoo.com)

### Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken.Urquharturq@verizon.net](mailto:Ken.Urquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo0oo~



## THE MISSING INGREDIENT

The primary corrective discovery about PR has to do with the ARC Triangle of Scientology.

This triangle is Affinity-Reality-Communication. If one corner (say A) is raised, the other two will rise. If one corner is lowered, the other two are as well. Thus with high Affinity, one also has a high Reality and a high Communication. With a low Affinity one has also a low Reality and a low Communication.

With a high or low R one has a high or low A and C. And so it goes. The whole triangle rises and lowers as one piece. One cannot have a low R and a high A and C.

PR is supposed to be a Communication technique. It Communicates ideas. Suppose one were to try to communicate an out the

bottom R. In such a case the communication would possibly at first reach, but then it would recoil due to its R. This is of course an advance in the mental technology of Scientology. It was not available to early pioneers of PR. So they talked (and still talk) mainly lies. Older PR practitioners preferred lies. They used circus exaggeration or black propaganda. They sought to startle or intrigue and the easiest way to do it was with exclamation point "facts" which were in fact lies. "Mental Health" PRs dreamed up out of whole cloth the "statistics" of the insane. "9 out of every 15 Englishmen will go insane at some period of their lives" is a complete lie. Streams of such false statistics gush from PR lobbyists to get a quick pound from Parliament.

The stock in trade of PRs, whether hired by Stalin, Hitler, the I Will Arise Society, the US President or the International Bank, has been

black bald-faced lies. The US President has given 2 different figures of the percentage of increase government cost per year in 2 months. His PR man was trying to influence Congress. The "Backfire 8" as the "Car of the Century" and the parachute exhibition record delayed drop" and the Ambassador's Press Conference on "Middle East Aims" are all PR functions-and salted throughout with lies. You pick up a newspaper or listen in the street and you see PR - PR - PR – all lies. A battle cruiser makes a "Good Will visit" to a town it is only equipped to crash and you have more lies.

The tremendous power of newspapers, magazines, radio, TV and modem "mass media" communication is guided by the PRs of special interests and they guide with lies. Thus PR is corrupted to "a technique of lying convincingly". It makes a cynical world. It has smashed idealism, patriotism and morality. Why?

When an enforced Communication Channel carries only lies then the Affinity caves in and you get hate. For the R is corrupted. PR, dedicated to a false Reality of lies then becomes low A, low C and recoils on the user. So the first lesson we can learn that enables us to use PR safely is to KEEP A HIGH R. The more lies you use in PR the more likely it is that the PR will recoil. Thus the law

### **NEVER USE LIES IN PR.**

The trouble with PR then was its lack of Reality. A lie of course is a false Reality. The trouble with PR was R! In getting out a press release on a new can opener, that opens cans easily and you want to say "A child could use it" find out if it's a fact. Give one to a child and have him open a can. So it's true. So use the line and say what child. Don't call it the "Can Opener of the Century". It won't com-

municate.

Just because radios, TVs and press pour out does not mean they communicate. Communication implies that somebody is reached. Don't tell a lie to city officials when the truth is just as easy to tell. Why go to all the work of dreaming up a lie? If you do it will weaken you if it is found out that it is a lie. Now you do have a PR problem with the "official public".

Any lie will either blunt the C (communication) or end the C off one day with revulsion. Handling truth is a touchy business also. You don't have to tell everything you know-that would jam the comm line too. Tell an acceptable truth. Agreement with one's message is what PR is seeking to achieve. Thus the message must compare to the personal experience of the audience. So PR becomes the technique of Communicating an acceptable truth-and which will attain the desirable result. If there's no chance of obtaining a desirable result and the truth would injure then talk about something else.

PR is employed to obtain a result desired by the PR and his group. Or it is employed to cancel out the undesirable PR of others. Thus there is offensive and defensive PR. In defending against hostile PR, once more it is the R that counts. Sun Tzu in his book about warfare gives several types of agent. One of these is the "dead agent" because he tells lies to the enemy and when they find out they will kill him.

Hostile (or counter-PR) is usually the usual fabric of lies. If one finds out the lies being told and documents just one as being false, he has made counter-PR recoil. His hearer will never believe him again. He's dead. In the war between psychiatric hostile PR and the

truth of Scientology, the "dead agent" caper has a field day. Psychiatric PR has been lying for 20 years. Documented, the fact of these lies are lies is killing off psychiatry. You understand, it's not one PR's word against another's. It's one PR's documents against the other PR's lies! That is correct defensive PR. So you see that using out-R PR can be very dangerous.

If one is trying to PR an abuse into decay (a dangerous activity in itself) he obtains the desirable result by documenting TRUTH. But using the "dead agent" caper is quite enough almost always. The use of R not only involves truth, it involves acceptable truth and that involves the fixed opinions of another or others and their experience. All this is contained in the subject of REALITY. What is the R of another or others? This involves SURVEYS. Then you know what truth he or they will accept. Imagination in PR is not limited at all. It takes lots of imagination. But the imagination should be devoted to how the truth is made acceptable to the R of others and how the Comm is delivered.

A totally Imaginary statement or story is quite useful so long as it is known to be imaginary and not passed off as truth.

In a PR world truth is the almost unknown commodity. This world is full of the noise" of

many lies, many babbles, many old fixations and hates. But truth has Comm value. All the lies will dead end someday. A (Affinity) supports the R and C. Therefore PR which seeks to incite hate will not have the C value of a message that carries actual affinity. But affinity can also be falsified and in the PR world too often is. A person who is sane has a high ARC value. So the PR who is sane has a high potential. And those who have corrupted their A - R - and C into a hole wind up on the bottle or beating their dogs or cynical beyond belief. Serving mad masters, a PR hasn't much chance.

So there is a technique known as public relations. And it has the high liability of abuse through lies and the degrade of its practitioner. But if one strictly attends to the values of truth and affinity, he will be able to communicate and can stand up to the strain. Knowing this, PR becomes a far more useful and mature subject.

**L. RON HUBBARD**  
**Founder**

~oo00oo~



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***Quote from  
L. Ron Hubbard***

## **THE CODE OF HONOUR**

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.





## Wins and Successes in the Scientology Independent Field

### 2<sup>nd</sup> Dynamic Rehabilitation Program

I received a 2nd Dynamic Rehabilitation Program by Chris, and WOW!!! The lists of wins and improvement are amazing. Let me inform you of a few of my amazing wins!!! They are so many...

I begin with the basic, CAUSE: my causeness about the 2D as a dynamic is very HIGH. It's like a reboot of the entire tech I did study and came back in a new time unit, and I did amazing as-is-ness about basics postulates in the beginning that rehabilitate my causeness stably and strongly.

NOW, I simply keep my TRs in naturally, almost never restimulate, and if I do, I make an as-is-ness again very faster than before, the 2 way comm is so in place, I can even confront the banks of the terminals in my 2D and handle their dramatization as an auditor, I'm more up tone, stable, and if I fall down in the tone scale it's only to handle another terminal, and I'm ok

now about being down tone to make the other terminal going up in the tone scale with the 2 way comm, and all about the 2D!!

In the middle of the program, I did see the results right away, I was in comm with my girlfriend and had result right now!!!

So, if I can say, OT about the 2D!!!

And in the end, I couldn't go back in session! Floating TA !!!! LOL

And I also rehabilitated a very important spiritual state that I'm so happy to regain now!

Thank you very very very very much Chris and Ron, and all my friends did support me in any way to make that auditing possible, finally! LOL

A special note, to Chris is an AMAZING AUDITOR and everybody have to know that, I'm honoured to be audit by him, Ron, he's proud of him. Chris is in harmony with KSW and the result is the best proof. A pure, theta, and infinity thank you Chris.

**After Auditing**

I know now what direction I want to go in my career (research & investigation), I feel fairly confident that my life will not get any worse, I feel more present & in touch with my body, am better at listening without anxiety or dread as I used to have before.

My attention with others & in particular my girlfriend is much better – and I have certainty that auditing works.

I had been to therapists in the past & rarely left feeling good – usually I left sad, angry, frustrated or disappointed – whereas here each session felt awesome! This is WAY different than Church of Scientology auditing in that I can talk about ANYTHING & EVERYTHING without fear of going to ethics or being pressured to buy more, or donate more, at every entrance or exit.

“The Tech is here and I am grateful it exists. I recommend everyone try it for themselves and see the results firsthand.

“Looking forward to the next steps!”

**After L11**

I am doing really good!

My vigour has been restored.

I have new energy and vitality that surprises me.

My prostate issue has virtually disappeared. My focus is the best it has been in 15 years. People bother me much less as I am able to grant them beingness very freely. I feel more genuine.

I am acutely aware of my actions and thoughts and can direct them with great certainty. My ability to as-is is remarkable.

have not been putting out postulates to see if

they are sticking, but rather I seem to be operating with intention, which seems to be working very well.

I am aware of my games and enjoy playing them and having them. I'm sure there are more but these are really apparent to me.

I am continually amazed at what you and I did, how seemingly simple the commands, how seemingly unconnected the commands were to what has materialized! I continually wonder how LRH discovered the processes and commands that handle one's case.

Thanks for getting me through L11. My current condition is largely due to your excellent auditing

I look forward to L10, and I am looking forward to our next session!

Thanks for asking!

**OT11**

I have been Clear for quite some time. No doubt this has assisted me on all dynamics, but OTII is the turbo boost that helps one pull quickly away from the effects and impact of being "carried along with" areas of life that keep popping up and need to be regularly handled.

I've found that I was stuck in a rut. What Clear allowed me to do was be a really awesome driver over this very rocky, bumpy, and rough road. With OTII I have been able to "jump the track", get out of that rut, and place myself on a newly paved highway. I've always had plenty of horsepower, but what good is that when the road is too rough to floor it once in a while? The ability to do this is truly awesome. I wholeheartedly recommend it!

~oo00oo~



## Quotes from Dianetics '55

by **L. Ron Hubbard**

"Anyone who knows the structure, function, and dynamics of the human mind is very difficult to control. The only way a mind can be controlled is by enforcing upon it ignorance of itself."

"And when one restores full awareness to a mind one is no longer able to victimize it. And a profession or a society would have to move

out of slave orientation into action by freedom and consent, were it to be effective."

"Just as you do not want people to control you, so you should want knowledge of yourself and others. Just as you fight away from knowingness concerning self, so you will be controlled."

"The only elements in a society which would combat, or contest, or dispute an effort to attain such a science would be those interests which desired, by ignorance, to maintain their control of a slavery."

"Dianetics can be contested, it can be vilified, its founder and practitioners can be publically pilloried, but Dianetics cannot be ignored. It could neither be drowned in praise, nor burned in some purge to its total eradication, for it is a wonderfully observable fact that the one impulse in Man which cannot be erased is his impulse toward freedom, his impulse toward sanity, toward higher levels of attainment in all of his endeavours. This is Man's one saving grace, and because Dianetics is such an impulse, and because its basic purposes, from the moment of its conception, have been dedicated unswervably to the attainment of even greater freedom it cannot perish - a fact which will become doubtlessly more annoying to the slave-masters as the years roll on."

"That mind which understands itself is the mind of a free man. It is no longer prone to obsessive behaviour, unthinking compliances, covert innuendos."

"A mind that is enslaved is weak. A mind that is free is powerful, and all the power there is, is defined by and contained in freedom."

"If every man could be depressed from his freedom to a point where he believed himself but a cog in an enormous machine, then all things would be enslaved. But who would be

there to enjoy them?"

"Not the slave-maker, for he is the first to succumb. He succumbs to his own mechanisms. He receives the full jolt of his own endeavors to entrap."

"Thus as we depart from the concepts of freedom, we depart into a darkness where the will, the fear, or the brutality, of one or a few, no matter how well educated, may yet obliterate everything for which we have worked, everything for which we have hoped. This is what happens when the machine runs wild, and when Man, become a machine, runs wild."

"Only a raving, drooling madman could contemplate the ending of all goals everywhere on earth. And only an apathetic fool would stand by motionless before the inevitable destruction of his most intimate dreams, his fondest hopes, his possessions, even on down to his identification cards and the money in his wallet."

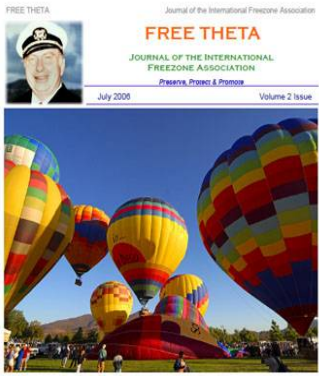
"....it is my belief that an individual who can

contemplate this with equanimity and without an impulse to act is so lost to the race and lost to himself, to his family and to his friends, that he must personally believe there is no hope for anything, anywhere, at any time. Such depravity is difficult to envision."

"We know, definitely, that the wrong thing to do is nothing. Whenever any situation may develop, we always have that answer. It is wrong to do nothing. The only time anyone has ever gotten into serious trouble was when he decided that he could do nothing about something."

This was the entering threshold toward death. When one knew (*italics*), at last, that he was powerless in the face of all fates, or of any one particular fate, he was, to that degree, a slave of those fates. Thus, the wrong thing to do in this world, at this time, is nothing. No matter what fantastic or incredible plan we adventure upon, no matter how we put it forward, it would still be better than the abandonment of all plans and all action."

~oo00oo~



**Freedom**

Fixed on too many barriers, many years to be free. But launched into total freedom he is purposeless and miserable.

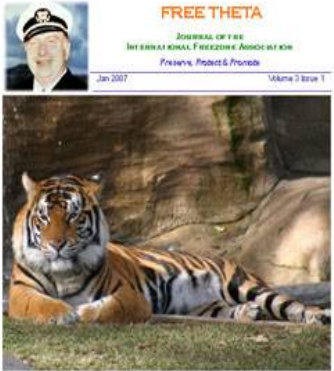
These in freedom amongst the barriers. If the barriers are known and the freedom are known, there can be life, living, happiness, a game.

— SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

## FREE THETA

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"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

SCIENTOLOGY 8.808  
Lafayette Ron Hubbard



## AFFINITY, COMMUNICATION AND REALITY

### Extract from Scientology 8-8008 by L. Ron Hubbard

In human experience, which is probably an experience senior to and creative of such a thing as the material universe, space, energy and matter become beingness, doingness and havingness.

Beingness is space regardless of energy and matter; doingness requires both space and matter; and havingness requires space and energy.

We have a gradient scale from space to matter which starts at the arbitrary number of 40.0 for our purposes and goes down to 0.0 for the purposes of homo sapiens and to -8.0 for the purposes of estimating a thetan. This gradient scale is called the tone scale.

Space is found to be a broad characteristic from top to bottom of the scale and necessary to each part of it, but it is discovered that one has less and less space the more the scale is descended. If one were to attain zero space for himself, he would attain, even as a thetan, zero. That the body has space and the thetan apparently, to himself, does not have space, is

responsible mainly for the feeling of not-beingness on the part of the thetan which causes him to forget his own identity.

On this tone-scale, we have a theoretical point of no energy at 40.0, and a point where energy begins to be solid around 0.0; well below this level we have matter formed of the type known in the material universe. Thus one can see that this tone-scale is a gradient scale of energy, and that the energy is free toward the top of the scale and becomes less free and more fixed as one descends the scale.

A very important triangle in Scientology is the triangle called ARC. This stands for Affinity, Reality and Communication. It was used for some time before its relation to energy was understood.

Affinity is wave characteristic and is the range of human emotions. Human emotions manifest themselves in energy flows, dispersals and ridges. As the emotions drop down from high on the scale to low on the scale, they are found to follow a cycle of dispersals, flows and ridges. Each dispersal has a harmonic on the scale, each flow has a harmonic and each ridge has a harmonic. Looking up the scale from zero one finds death as a ridge and, in human emotion, an apathy. Apathy reaches up some extent from death but at this end the harmonics are very close together and there are two unnamed human emotions immediately above apathy. One of them, next above apathy, is a flow; immediately above that there is a fear-like dispersal. The next named emotion above apathy is grief. Grief is a ridge and is occasioned by loss. Immediately above grief there is a flow. The next named emotion, however, is the next level, the dispersal called fear which is a drawing away. There is a flow immediately above this called covert hostility. Above covert hostility is anger which is a solid ridge. Between anger at 1.5 and antagonism at 2.0 there is a dispersal -- unnamed but visible in behavior. At 2.0 we have the flow outgoing called antagonism. Above this at 2.5 there is an idle dispersal known as boredom. Above

boredom at 3.0 is a ridge called conservatism. At 4.0 we have another flow called enthusiasm. Each one of these points is a harmonic of a lower point. The characteristic of energy whether a flow, dispersal or ridge, expresses itself in human emotion in terms of affinity. Affinity is the cohesiveness of human relationships, and can be acceptance or rejection of such relationships. Affinity as here used is a degree of emotion. Its equivalent in the MEST universe is the cohesion and adhesion or revulsion from matter and energy itself as found in positive and negative currents, and in forms of matter.

Communication is an interchange of energy from one beingness to another; in the thetan and in homo sapiens communication is known as perception. It is not solely talk, which is a symbolized form of communication which sums ideas which are themselves either a product of

the tone-scale or are above the tone-scale as the case may be. Sight, of course, is at the wavelength of light. Sound is recorded as hearing. Tactile and smell are low-level wave types of the particle variety. And all other perceptions can be found on this gradient scale of wavelengths, modified by the wave characteristic in terms of type, whether sine or more complex. The auditor must realize that communication is essentially directed or received energy and is inhibited by the willingness or unwillingness of the preclear to take responsibility for energy or forms of energy. Where responsibility is low, perception is low.

Reality is established by wave direction or lack of motion.

As one ascends the tone scale from 0.0 he finds the realities are strongest at the points of flow and are weakest at the points where there are ridges on the scale.

The reality of apathy, grief and anger is very poor, but in the immediate vicinity of these there are more intense realities. Reality is established by agreement or disagreement or no

opinion. Agreement is an inflow to the individual; disagreement is outflow from the individual; no opinion can be established by the proximity of the individual to the center of a dispersal or by a ridge.

Because of its wealth of energy and energy forms, the thetan finds himself ordinarily outdone in energy emanation by the Mest universe. Thus he is the target of an almost continuous inflow which causes him to have a consistent and continual agreement with the MEST universe. He seldom disagrees with the MEST universe, and the best processing one can do is to break this agreement and turn it into an opposite flow, for only in this wise can a preclear's ability to handle energy and be responsible for it be re-established. If you ask a preclear to get the concept of agreeing, he will find himself experiencing an inflow upon himself.

Hypnotism is performed by causing a subject to receive a continuous rhythmic or monotonous flow from the operator. After this flow has continued the subject will accept any reality which the operator cares to deliver unto him. It is in this case, evidently, with the MEST universe, and the solidity of the MEST universe is completely dependent upon one's acceptance of it in terms of agreement.

Reality in essence is agreement or disagreement. When one speaks of reality, he speaks in terms of the MEST universe. The MEST universe, according to any computation one cares to make upon it, is found to consist of a high-level agreement amongst us. Those who disagree with the MEST universe are punished by the MEST universe.

From the standpoint of the MEST universe, the greatest reality would be had by matter itself and this seems to be its evident goal toward the thetan, to make him into solid energy.

The reality on one's own universe is poor because he is in a comatose state of agreement with

the MEST universe. It is found on processing, however, that a preclear is in poor condition in direct ratio that he has accepted and agrees and complies with the MEST universe, and is in good and active condition in direct ratio to the degree he can break this flow of agreement and establish his own flows and thus create his own universe. One's appreciation of the MEST universe is almost uniformly the energy which one himself places upon the MEST universe, in

other words his illusions. When he loses his hopes and dreams (his illusions), it is because he

has lost his ability to emanate energy back at the MEST universe and is dependent upon the energy the MEST universe thrusts at him.

ARC thus form a tone-scale. This tone-scale at any level finds a comparative state in affinity, in the reality and the communication abilities of the preclear. Thus, by testing the preclear and discovering his chronic emotion, his chronic state of agreement or disagreement, and his ability to communicate or not communicate, one establishes a level on this tone-scale.

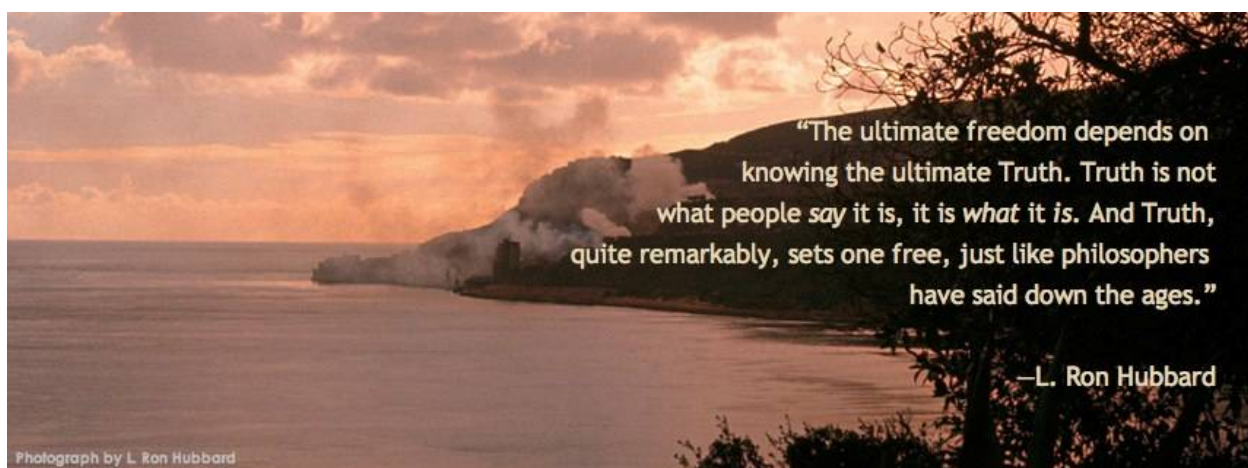
ARC form a triangle the corners of which are all at a single level. Thus if one wishes to create an increase of tone for the preclear -- and one must do that to increase his selfdetermination

-- he will find that he cannot raise the emotional state of the preclear without also addressing

the reality and communication of the preclear. He cannot raise the reality of the preclear without addressing his affinity and communication problems. He cannot raise communication with the preclear without addressing his reality and affinity problems. The worst mistake an auditor can make is to undervalue this triangle in processing. A more or less complete tone-scale can be found in Science of Survival, and Book I of that volume is devoted entirely to an evaluation of the tone-scale and people.

There are two positions on the tone-scale for the preclear when he is still a homo sapiens. The composite known as homo sapiens is considered to be dead at 0.0 and can rise on the tone-scale to slightly above 4.0. Thus homo sapiens has this as his range. The thetan, however, who, in homo sapiens, is below the level of awareness of self in terms of space and energy, has a wider range; and, as the thetan is basically the preclear and the beingness and identity of the preclear in actuality, this second range is even more important. This second range goes from -- 8.0 to 40.0 on the tone-scale. The optimum position for the thetan is considered to be 20.0 which is the point of optimum action. A homo sapiens as such could not attain this level of the tone-scale because of his physical limitations.

~oo00oo~





# THE BRIDGE TO TOTAL FREEDOM

## SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES

TRAINING						PROCESSING							
Author's Class	Certifica	Course	Prequisites	Topics Covered	What's Covered	ESQ Score	PC Grade	Name of State	Subject	Prequisites	Class of Author	Author's Release	Ability
<b>Class XII Auditor</b>	Class XII (S)	Class XII	Class XII	Public Class XII	Flag only	Public Class XII	OT XV	New System OT	OT XV	For the release of New OT XV	For the release of New OT XV	Not released	Confidential only release
<b>Class XI Auditor</b>	Class XI (S)	Class XI	Class XI	Public Class XI	Flag only	Public Class XI	OT XIV	New System OT	OT XIV	For the release of New OT XIV	For the release of New OT XIV	Not released	Confidential only release
<b>Class X Auditor</b>	Class X (S)	Class X	Class X	Public Class X	Flag only	Public Class X	OT XIII	New System OT	OT XIII	For the release of New OT XIII	For the release of New OT XIII	Not released	Confidential only release
<b>Class IX Auditor</b>	Class IX (S)	Class IX	Class IX	Public Class IX	Flag only	Public Class IX	OT XII	New System OT	OT XII	For the release of New OT XII	For the release of New OT XII	Not released	Confidential only release
<b>Class VIII Auditor</b>	Class VIII (S)	Class VIII	Class VIII	Public Class VIII	Flag only	Public Class VIII	OT XI	New System OT	OT XI	For the release of New OT XI	For the release of New OT XI	Not released	Confidential only release
<b>Class VII Auditor</b>	Class VII (S)	Class VII	Class VII	Public Class VII	Flag only	Public Class VII	OT X	New System OT	OT X	For the release of New OT X	For the release of New OT X	Not released	Confidential only release
<b>Class VI Auditor</b>	Class VI (S)	Class VI	Class VI	Public Class VI	Flag only	Public Class VI	OT IX	New System OT	OT IX	For the release of New OT IX	For the release of New OT IX	Not released	Confidential only release
<b>Class V Auditor</b>	Class V (S)	Class V	Class V	Public Class V	Flag only	Public Class V	OT VIII	New System OT	OT VIII	For the release of New OT VIII	For the release of New OT VIII	Not released	Confidential only release
<b>Class IV Auditor</b>	Class IV (S)	Class IV	Class IV	Public Class IV	Flag only	Public Class IV	OT VII	New System OT	OT VII	For the release of New OT VII	For the release of New OT VII	Not released	Confidential only release
<b>Class III Auditor</b>	Class III (S)	Class III	Class III	Public Class III	Flag only	Public Class III	OT VI	New System OT	OT VI	For the release of New OT VI	For the release of New OT VI	Not released	Confidential only release
<b>Class II Auditor</b>	Class II (S)	Class II	Class II	Public Class II	Flag only	Public Class II	OT V	New System OT	OT V	For the release of New OT V	For the release of New OT V	Not released	Confidential only release
<b>Class I Auditor</b>	Class I (S)	Class I	Class I	Public Class I	Flag only	Public Class I	OT IV	New System OT	OT IV	For the release of New OT IV	For the release of New OT IV	Not released	Confidential only release
<b>Not Classed</b>	Class 0 (S)	Class 0	Class 0	Public Class 0	Flag only	Public Class 0	OT III	New System OT	OT III	For the release of New OT III	For the release of New OT III	Not released	Confidential only release
<b>Not Classed</b>	Class -1 (S)	Class -1	Class -1	Public Class -1	Flag only	Public Class -1	OT II	New System OT	OT II	For the release of New OT II	For the release of New OT II	Not released	Confidential only release
<b>Not Classed</b>	Class -2 (S)	Class -2	Class -2	Public Class -2	Flag only	Public Class -2	OT I	New System OT	OT I	For the release of New OT I	For the release of New OT I	Not released	Confidential only release
<b>Not Classed</b>	Class -3 (S)	Class -3	Class -3	Public Class -3	Flag only	Public Class -3	OT 0	New System OT	OT 0	For the release of New OT 0	For the release of New OT 0	Not released	Confidential only release

Additional training services that may be done at various points on the Bridge:

**Third and Fourth Dynamic Training Courses**

**OT Hitting Courses**

**OT Debut Service**

**Technical Specialist Courses**

**Case Supervisor Training**

**Other Technical Courses**

**ScIENTOLOGY Minister Course**

**Primary Rundown**

**Hubbard Life Orientation Course**

**Hubbard Key to Life Course**

**Hubbard Key to Life Course**

**Hubbard Key to Life Course**

**Hubbard Key to Life Course**

**Hubbard Key to Life Course**

Awareness Characteristics

21 Source

20 Existence

19 Conditions

18 Realization

16 Purpose

15 Ability

14 Correction

13 Result

12 Production

11 Activity

9 Body

8 Adjustment

7 Understanding

4 Perception

3 Communication

1 Recognition

4 Demand

4 Demand

4 Demand

4 Demand

4 Demand

4 Demand

4 Demand

4 Demand

4 Demand

Additional processing services that may be done at various points on the Bridge:

**112<sup>nd</sup> Flag of Executive Rundown**

**111<sup>th</sup>, New Life Rundown**

**110<sup>th</sup> Rundown**

**Super Power**

**Cause Resurgence Rundown**

**Flag Only Rundowns**

**Special Rundowns and Actions**

**False Purpose Rundown**

**Confessionals**

**Happiness Rundown**

**PTS Rundown**

**Method Of Word Clearing**

**Therapeutic TR Course**

**Co-Op Courses**

Success Through Communication Route	Life Improvement Course Route	Personal Efficiency Route	ScIENTOLOGY Introductory Auditing Route	Dianetics (Book One) Route	Anatomy of the Human Mind Route	Purification Route	The Way to Happiness Route	Hubbard Key to Life Course Route
Hubbard Survival Seminars Course	Hubbard Survival Seminars Course	Hubbard Survival Seminars Course	ScIENTOLOGY Introductory Auditing Course	Hubbard Dianetics (Book One) Course	Hubbard Anatomy of the Human Mind Course	Hubbard Purification Course	Hubbard The Way to Happiness Course	Hubbard Key to Life Course

### DIANETICS AND SCIENTOLOGY BEGINNING BOOKS AND EXTENSION COURSES, LECTURES AND PUBLIC FILMS

**How to Use This Chart**

The chart is organized into levels of training and processing. Each level includes a list of courses and their prerequisites. The chart is designed to help students understand the progression of their training and processing.

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**Definitions**

**DIANETICS** is a science of the mind that is based on the principles of the human mind. It is a science that is designed to help students understand the human mind and its capabilities.

**SCIENTOLOGY** is a religion that is based on the principles of the human mind. It is a religion that is designed to help students understand the human mind and its capabilities.

**THE BRIDGE TO TOTAL FREEDOM** is a program that is designed to help students understand the human mind and its capabilities. It is a program that is designed to help students understand the human mind and its capabilities.

## **A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard**

### **Exercises One, Two and Three**

#### **Exercise One**

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

#### **Exercise Two**

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

#### **Exercise Three**

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo0oo~

## Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State**  
**Not Know**  
**Know About**  
**Look**  
**Emotion**  
**Effort**  
**Think**  
**Symbols**  
**Eat**  
**Sex**  
**Mystery**  
**Wait**  
**Unconscious**

## PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself  
And when you lose that you have lost everything.

What is personal integrity?  
Personal integrity is knowing what you know-  
What you know is what you know-  
And to have the courage to know and say what you have observed.  
And that is integrity  
And there is no other integrity.

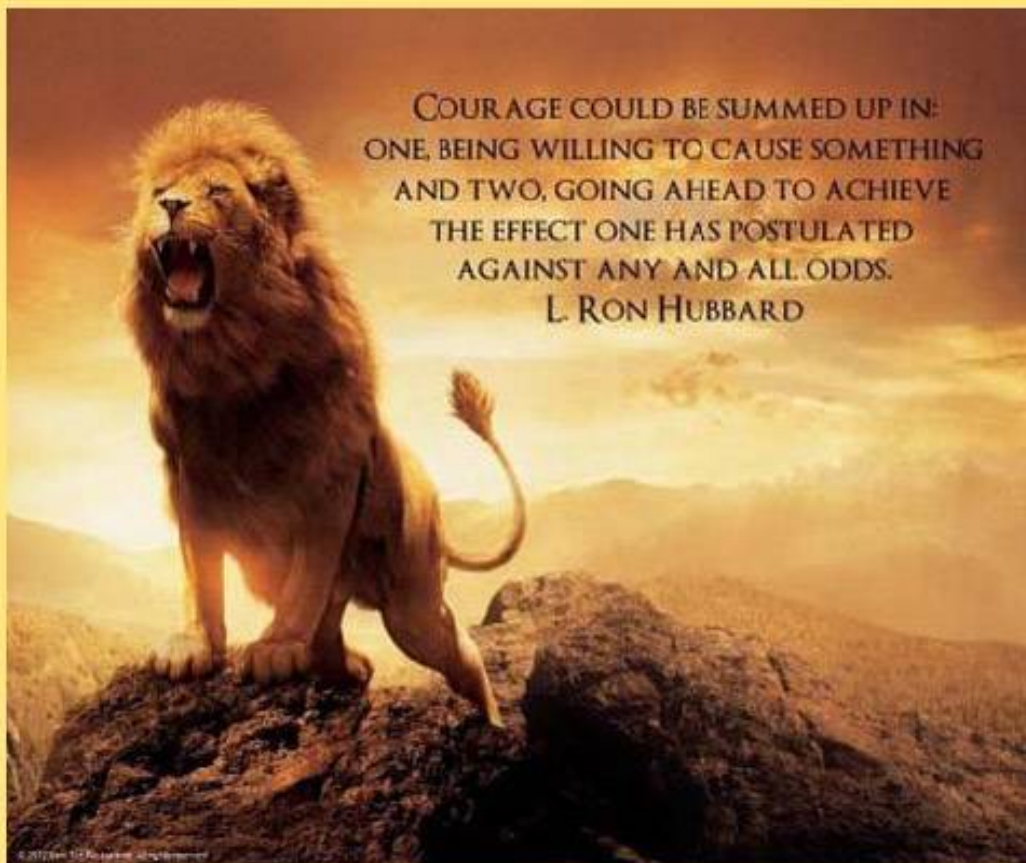
Of course we can talk about honor, truth, all these things,  
The esoteric terms.  
But I think they'd all be covered very well  
If what we really observed was what we observed,  
That we took care to observe what we were observing,  
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,  
A critical attitude or an open mind.  
But certainly maintaining sufficient personal integrity  
And sufficient personal belief and confidence in self  
And courage that we can observe what we observe  
And say what we have observed.

Nothing in Dianetics and Scientology is true for you  
Unless you have observed it  
And it is true according to your observation.  
That is all.

L. Ron Hubbard

# Group Starter Kit for Scientologists



## A Handbook for Field Scientologists Starting up a Group

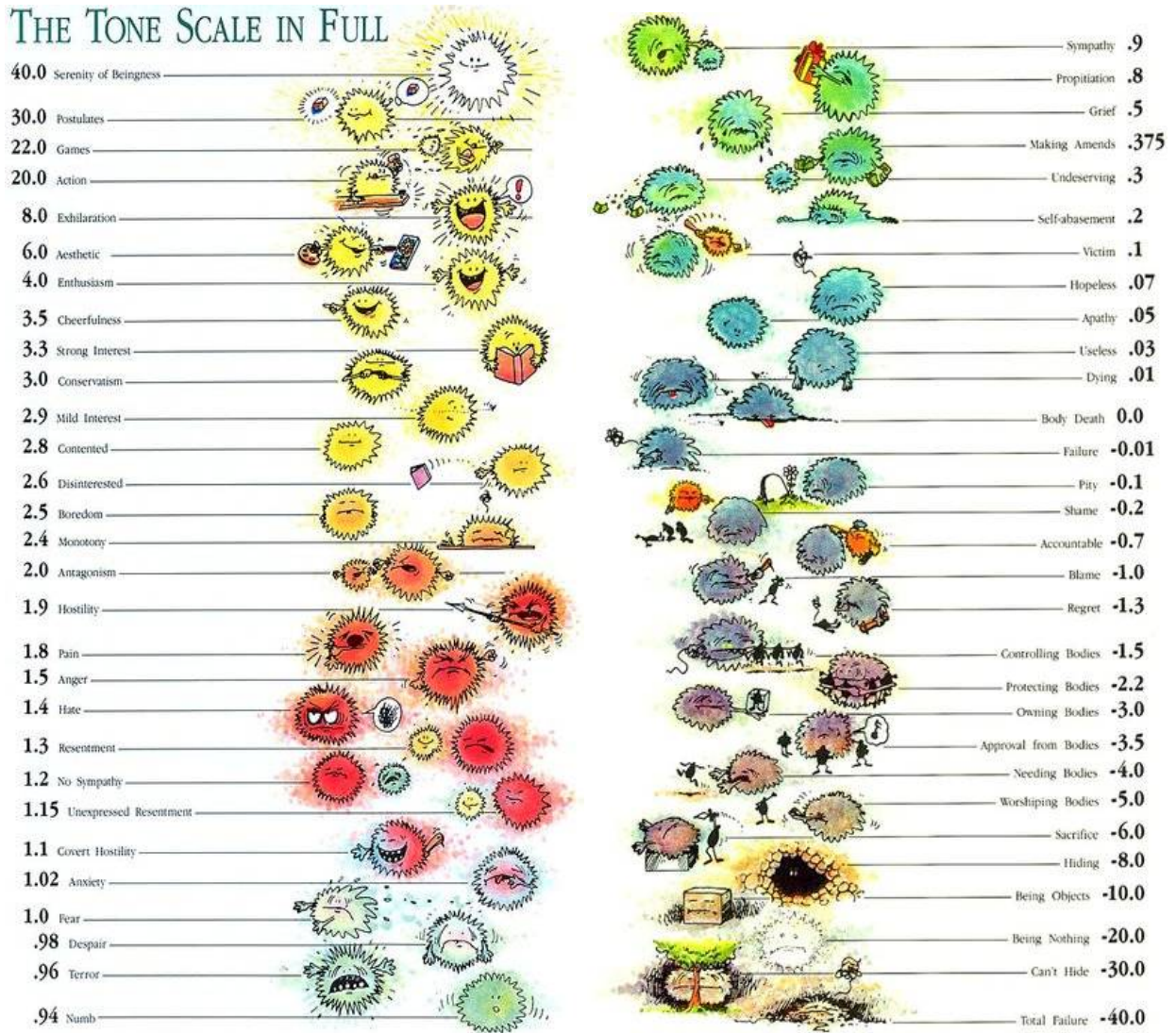
Published by The Association of Professional Independent Scientologists.

**Get your Free Group Starter Kit today!**

<http://independent-scientologists-association.net/start-a-group.shtml>

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# The Tone Scale in Full



## The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

## Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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of Professional Independent  
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**[http://independent-scientologists-  
association.net](http://independent-scientologists-association.net)**

# Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

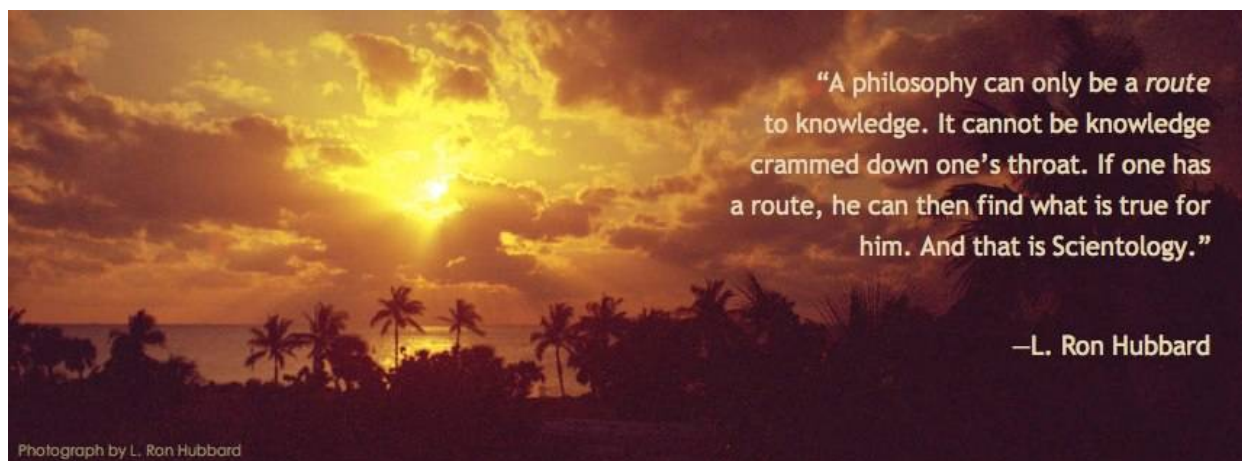
Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so-forth, why he will arrive.



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